

# One to One Meetings

## A Sample Guide

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Some simple guidelines to help you make the most of your one-to-one meetings:

- 1. Find a mutually convenient time.** Find a time and place for the two of you to get together regularly (weekly, if possible) and have this time of “encouraging one another”.
- 2. There is no preparation involved before you get together.** There is no workbook or mandatory homework assignment here. You may, however, each week, talk about how the text specifically applies to your life and strive to implement that in your daily walk. But there is no formal homework.
- 3. There is no formal leader.** You are just two people getting together to help each other learn from the Word of God.
- 4. Try to keep your meetings about 1 hour or less.** A suggested breakdown could be as follows:
  - A.** 5-10 mins - chat, get coffee
  - B.** 10 mins - share one thing you’d each like to give thanks for, and one thing to pray for
  - C.** 30 mins - read the passage together and talk through what it means and how it applies
  - D.** 5-10 mins - finish with prayer arising from the text
- 5. Have conversations, not monologues.** The idea is to hear what God is saying from the Bible. You read a verse or a few verses and talk about the meaning of the text. Ask questions and figure out how the verse (phrase) fits in with the larger context of the chapter.
- 6. Don’t be afraid to ask questions.** If you notice something you don’t understand or something that doesn’t seem to make sense, don’t gloss over it. Focus on it. Look at the context and dialogue about what the author means. Try to examine the text and figure out the answer. If you are stumped, email one of your pastor/shepherds to help give guidance.
- 7. This one-to-one may be a new experience.** Let this be a fun, exciting, engaging, and helpful time. Be humble. Be open. Be faithful. Be consistent. Reading the Bible with another person is amazingly simple yet eternally significant.

**Hebrews 3:13-14** — *But encourage one another day after day, as long as it is still called "Today," so that none of you will be hardened by the deceitfulness of sin. For we have become partakers of Christ, if we hold fast the beginning of our assurance firm until the end,*

Reading the Bible with another person will encourage you, it will challenge you, it will grow you, it will transform your mind, it will spur greater holiness, and it will foster intimate discipleship.